

Dear 6U.



I hope you are all doing great and keeping yourselves safe at home. I am truly missing each and every one of your smiling faces, beaming with joy! Whether it is your inquisitiveness, your playfulness, your kind and caring nature, your giggles and laughs! School is just not the same without all of you.

On a slightly serious note; this has been a very surreal and unexpected experience for all of us and some of you may be feeling a rollercoaster of emotions. Some days you might wake up feeling happy to be home but some days you might really miss your friends. Some days you might wake up feeling really productive and ready to tackle the day and some days you might wake up feeling a little lost because 'this isn't how it was supposed to be'. I just want you to know that it's completely *okay* and *normal* to have good days and some not so good days. If this happens, remember that you are not alone. This is not a reflection of you, but a reflection of the circumstance; which is out of our control.

I want you to embrace your feelings and remind yourself that this is only temporary and it is only a setback. The important thing to remember when you have a setback, is not to give up. This will pass with time and everything will go back to normal. Even if that means your normal isn't Parkhill with your old friends; your new normal may be in a new Secondary school, with lots of new friends and an exciting new journey ahead. Whatever the situation is, you will tackle it the Parkhill way; with resilience and determination!

I want you to know how truly proud I am of you and I don't need the SATs to tell you that! I'm proud of everything you have achieved over the year, how hard you've work and how mature you have been throughout this whole experience. Each and everyone one of you is so special and unique in your own ways and I will never stop believing in you; even if it's a decade from now!

I am thoroughly looking forward to seeing you all back in school, which will hopefully be very soon. Until then, keep working hard and enjoying learning!

Miss Uppal