

Music Lesson 1



LI: I can identify pulse and rhythm in a piece of music.

Pulse and Rhythm are the foundations of every piece of music.


Write your own definition for each word.

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Pulse is a steady like your heartbeat or a beating clock. It can be measured by counting the Number of beats per minute.

Rhythm is the pattern of long and short sounds.

 Listen to three different pieces of music that you enjoy.

Can you feel the **pulse** of the music?

What is the tempo of the piece?

Can you use a body part to join in and show the pulse of music, Be creative.

Tempo: speed

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Anna Meredith is a British composer and performer of electronic and acoustic music.

Follow the link to watch her introduce her body percussion piece Connect It.

<https://www.bbc.co.uk/bitesize/topics/zcbkcj6/articles/z2mqw6f>

This performance is from the Ten Pieces film.



Now it's your turn.

Create 4 different rhythm patterns using different body parts, including your voice.

Can you make each rhythm pattern last for four beats?

Practice each rhythm pattern individually.

Next put them together to create a sequence.

Try them in different orders and listen carefully to see which sequence you prefer.

You could film your sequence and share it with us via [Dropbox](#)

Challenge:

Create symbols for your rhythm patterns so you can write them down

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Cup Game

This game is a great way to practise keeping a steady pulse.



Here's how it works:

Place a plastic cup upside down in front of you.

Beats 1-4: Clap two times. Hit the bottom of the cup two times (right-left).

Beats 5-8: Clap two times. Pick up the cup and set it down.

Beats 9-12: Clap once. Pick up the cup with your left hand. Hit the top of the cup with your right hand. Hit the bottom edge of the cup onto the table.

Beats 13-16: Switch the cup to your right hand. Tap the table or with your left hand. Set the cup down in front you and clap.