

**LEISURE AND
ENTERTAINMENT IN THE
20TH CENTURY**

WB 25.5.20

LESSON 3: THE SWINGING SIXTIES

L.I. I CAN UNDERSTAND HOW YOUNG PEOPLE'S LIVES WERE DIFFERENT IN THE 1960S COMPARED WITH TODAY.

Success criteria

- Name at least two 1960's dances.
- Name at least two 1960's music acts.
- Learn how to perform a 1960's dance.
- Compare similarities and differences between 1960s and today in terms of food, clothing and music.



WELCOME TO THE SWINGING SIXTIES!

The 1960s is often known as the 'Swinging Sixties' because of the fun many young people had during this decade.

Now it is your chance to dance like you are in the 1960s!

Find a space follow the instructions on the next few pages.



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Find a space follow the instructions on the next few pages. How many can you do?

If you can, view the videos of these dances. If not, don't worry.

Try them yourself.

The Freddie

Lift your right arm and leg. Then lift your left arm and leg. It sounds very simple, but this is fun when done fast.

https://youtu.be/wgJ-P_uOkC0

The Frug

Stand with your feet together and bend your knees slightly. Move your hips to the right, and then move them to the left. The movement should be in your hips, rather than your knees. <https://youtu.be/b0lqxi57rro?t=6>

WELCOME TO THE SWINGING SIXTIES!

1960's dance moves:

The Monkey

Bend your knees. Swivel your feet from left to right, putting your weight on the ball of your feet. With your arms, wave them up and down alternately, with your hands in a fist shape, in time to the music. You should look like a monkey climbing a tree!

<https://youtu.be/m7AKxC978gk>

The Shimmy

Shake your shoulders back and forth while holding the rest of your body still. Your arms should be held to the side with your elbows slightly bent. <https://youtu.be/-iMwrNuXikA?t=38>

The Swim

While your lower body is doing the twist, your arms are swimming and diving. Then hold your nose and pretend to be sinking underwater. <https://youtu.be/V-HpjnnXAJw>

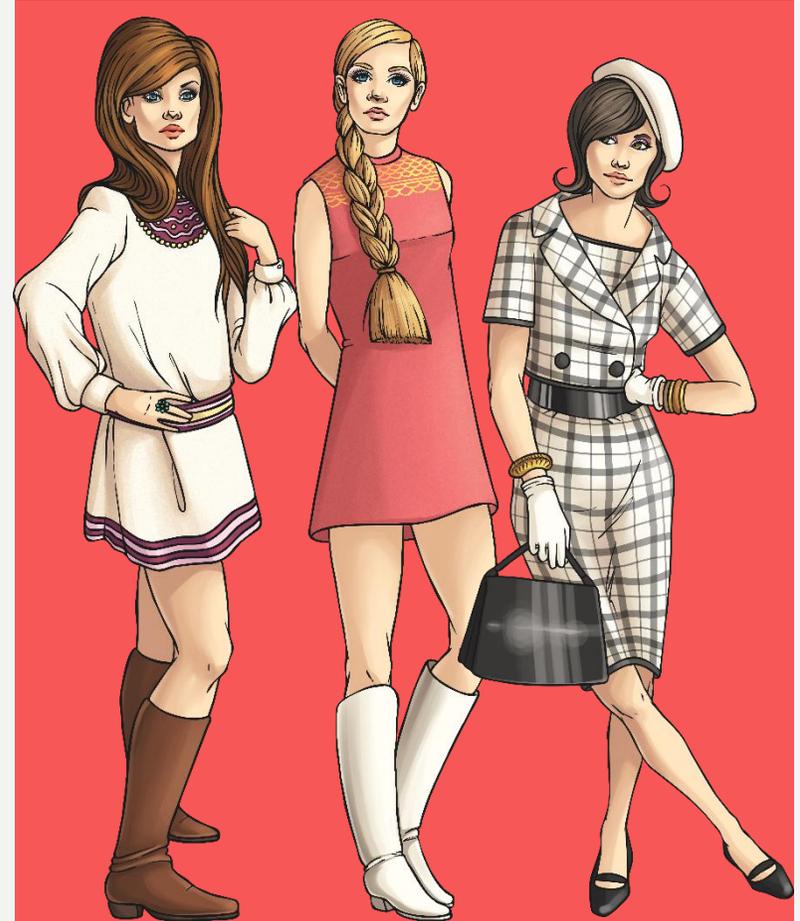
THE 1960S

The 1960s was an important decade in the 20th century. This is because it was a time when lots of changes took place.

There were many young people who wanted more freedom and had more money.

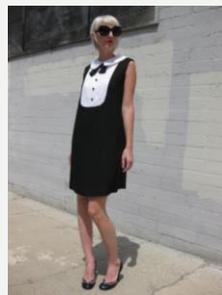
Many young people wanted a revolution (big change) in behaviour, clothes and music.

1. What age would you be now if you were born in 1960?
2. Is there anyone in your family who might remember the 1960s?



A COMPARISON OF DECADES.

Over the next few slides there will be information about different aspects of life: Music, Food and clothing.
Let's begin by looking at clothing.



RESEARCH INFORMATION:

1960s Fashion: Women & Girls



Women's fashion trends in the 1960s varied from one end of the spectrum to the other. The early 1960s were marked by box dresses, [hats](#) and gloves and 1950s fashions. In the mid-1960s, fashion began to take cues from London and there was a focus for clothing to fitted around the waist.

First Lady Jacqueline Kennedy epitomized this look during her husband's presidential campaign and short presidency. She was admired around the world for her put-together, lady-like look consisting of boxy skirt-suits.



Fashion in 1962 brought upon ladies wearing hats, [fur](#) and white gloves. This was very fashionable and brought upon by First Lady Jackie Kennedy. After Jackie disappeared from public eye her fashion sense and influence also left. The British Invasion featuring the Beatles ushered in a new era of British control over fashion, [music](#) and culture in general. By 1966, the early-sixties look had become much sleeker and more modern. The lines were sharper and more form-fitting. Fur was less popular, but gloves were still worn.

But by the time the late sixties rolled around, women's clothing is now similar to [men's](#). More trousers and less dresses.

The late sixties were the era of the flared-bottomed trousers. Polyester was a quite common material and skirts were short.

Although bright and wild colours were frequently used in the [60s](#) in the late 1960s the patterns were even brighter, bolder and usually incorporated flowers or shapes. Materials such as acrylics, polyesters, and shiny PVC were used in women's clothing.

Girls were required to wear skirts or dresses to school. A popular look was a jumper -- often in plaid -- with a blouse or turtleneck and matching tights.

1960s Fashion: Men & Boys



For the past 150 years, clothing for men had been tailor-made, plain and sombre in appearance. In the 1960s, colourful new elements were introduced, such as the collarless jacket, worn with slim-fitting trousers and boots.



By the mid-1960s, even the suit itself was seeing changes. Brightly striped or patterned suits were worn by bold young men

Changes in men's fashion in the 1960s were just as drastic for men as they were for women. Like women, men wore basically the same thing in the early 60s as they did in the late 50s.

One change that is quite noticeable, the trousers became much tighter.

The pea coat was quite popular for men in the mid-60s. Men still wore boots and hats.

The late 60s brought a whole new range of styles for men. In 1969 seeing a man wear a scarf was common. But it was not a big, wool scarf of today. It was a silk scarf that was tied like a loose tie.

Men's trousers became flared at the bottom almost like women's trousers.

While little boys dressed for play rather than work, they followed Dad's model, with **buzz-cut** or short hair for most of the decade. In the early 1960s, cuffed jeans and corduroy pants were favourites paired with tucked in polo shirts and athletic jackets or blazers.

CLOTHES OF THE 1960'S

How would you compare the clothing of the 1960's to clothing today?

Think about:

*the colours used

*material used

*style

*Difference between men, women and children:

Create a comparison chart to show the differences and explain why things are different and why they have changed. You may also include images in your chart.

Below is an example of how to create a chart.

1960s Men's fashion vs Men's fashion today: Similarities	1960s Men's fashion vs Men's fashion today: Differences	1960s Women's fashion vs Women's fashion today: Similarities	1960s Women's fashion vs Women's fashion today: Differences	1960s Children's fashion vs Children's fashion today: Similarities	1960s Children's fashion vs Children's fashion today: Differences	Explain why.

A COMPARISON OF DECADES.

Now, we will move onto food.

On the next slide you will see different examples of popular food in the 1960's.



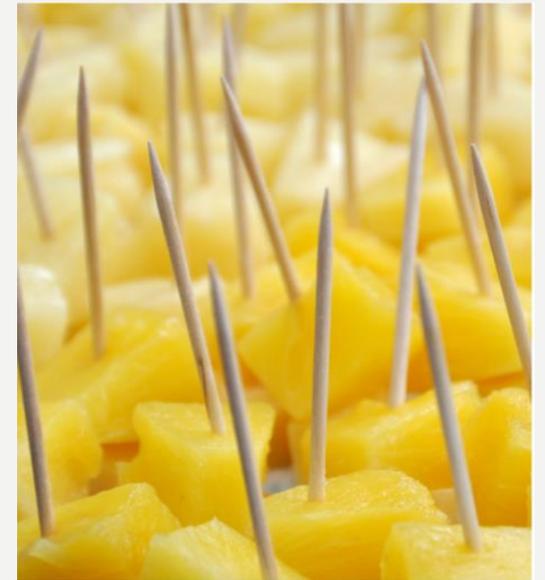
Trifle



Prawn Cocktail



Scotch Eggs



Cheese and Pineapple Sticks

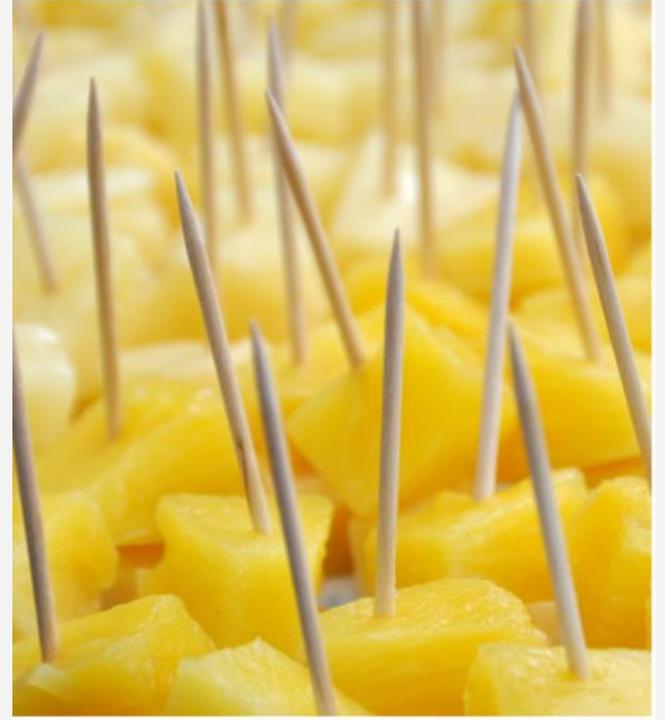
FOOD OF THE 1960'S



Trifle



Gammon



Cheese and Pineapple Sticks



Sausage Roll



Prawn Cocktail



Frankfurters

FOOD OF THE 1960'S



Lemon Meringue Pie



Black Forest Gateau



Scotch Eggs



Pork Pie



Crisps



Pineapple Upside Down Cake

FOOD OF THE 1960'S

How would you compare the food of the 1960's to food today? Thinking about the different food items you saw, write a comparison paragraph on the different foods from 1960s and compare with today.

Think about:

- *Is the food healthy? Explain.
- *What similarities do you see between 1960s food and food we have today?
- *What would you change about the dishes? Why?
- *Would you enjoy any of these items?
- *Are there any items you would not eat?
- *What do you think is missing compared to foods we eat and the options we have today?

A COMPARISON OF DECADES.

Finally, moving onto music.

Today you heard some of the music and you also learned how to do some of the dances.

The next few slides gives you some more information on the music of the 1960's.

Read through to find out more.

MUSIC ICONS OF THE 1960'S



Elvis Presley



Dusty Springfield



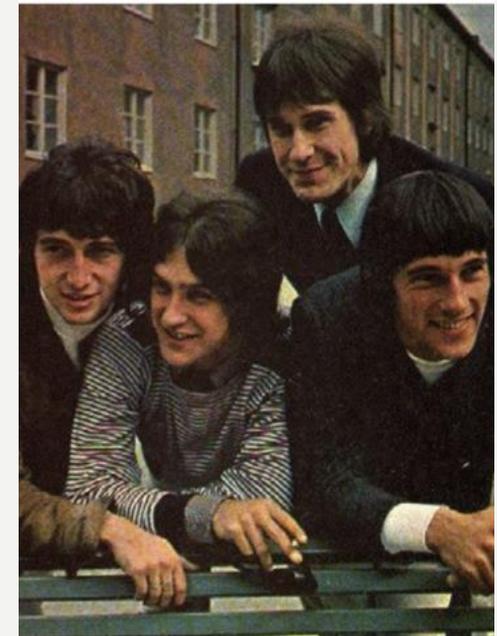
Cilla Black



Cliff Richard



The Rolling Stones



The Kinks



The Who

Have you heard of any of these names?

Have you heard any of their music?

1960s Music: What Songs Were The Most Popular?



The 1960's were a time of upheaval in society, fashion, attitudes and especially music. Before 1963, the music of the sixties still reflected the sound, style and beliefs of the previous decade and many of the hit records were by artists who had found mainstream success in the 1950s, like Elvis Presley, Ray Charles, Dion, and The Everly Brothers. In 1963 and the years to follow, a number of social influences changed what popular music was and gave birth to the diversity that we experience with music today.

The "British Invasion" also began around 1963 with the arrival of The Beatles on the music scene and the type of rabid fandom that followed them would change the way people would view and interact with music and musicians forever.

British Invasion

The "British Invasion" is the name given to the period of time in the early to mid-1960's, during which many British rock bands and pop artists found mainstream success in the United States and worldwide. Many of these bands first started by covering American songs and showcasing an American Rock 'n' Roll and R&B influence in their sounds. As these bands gained popularity, many of them ventured into new music territory and created their own unique styles. The one band that comes to mind when speaking of the British Invasion is The Beatles, who first broke into the US music scene in 1963. The phenomenon that surrounded them was known as Beatlemania and many up and coming music acts copied their "Liverpool Sound". The band holds many musical records to this day reflecting album sales and number one singles and their music remains some of the most popular of all time. They can be easily described as the most influential group of the 1960's.

If you get a chance, have a listen at these songs that were popular in the 60's. How does this compare to the sound we hear in music today?

Popular Songs Each Year in the 60's

Popular songs from the Sixties Decade, arranged by year but in no particular order. Do you remember listening to these songs on the radio?

1960 The Twist - Chubby Checker It's Now or Never - Elvis Presley Georgia On My Mind - Ray Charles Cathy's Clown - Everly Brothers I'm Sorry - Brenda Lee	1961 Stand By Me - Ben E. King Blue Moon - The Marcels At Last - Etta James Runaway - Del Shannon The Lion Sleeps Tonight - The Tokens
1962 Love Me Do - The Beatles Sherry - The Four Seasons Surfin' Safari - The Beach Boys The Wanderer - Dion Soldier Boy - The Shirelles	1963 Louie Louie - The Kingsmen It's My Party - Lesley Gore Ring of Fire - Johnny Cash Hey Paula - Paul & Paula She Loves You - The Beatles
1964 Twist and Shout - Chubby Checker Oh, Pretty Woman - Roy Orbison You Really Got Me - The Kinks House of the Rising Sun - The Animals Where Did Our Love Go - The Supremes	1965 Satisfaction - The Rolling Stones My Generation - The Who Sounds of Silence - Simon & Garfunkel My Girl - The Temptations Like a Rolling Stone - Bob Dylan
1966 Good Vibrations - The Beach Boys Eleanor Rigby - The Beatles Wild Thing - The Troggs Last Train to Clarksville - The Monkees Mellow Yellow - Donovan	1967 Happy Together - The Turtles For What It's Worth - Buffalo Springfield Light My Fire - The Doors Respect - Aretha Franklin Somebody to Love - Jefferson Airplane
1968 The Dock of the Bay - Otis Redding Piece of My Heart - Janis Joplin Hey Jude - The Beatles Wonderful World - Louis Armstrong Born to Be Wild -- Steppenwolf	1969 Sugar Sugar - The Archies Aquarius - The Fifth Dimension My Way - Frank Sinatra Space Oddity - David Bowie Sweet Caroline - Neil Diamond

A COMPARISON OF DECADES.

Record your thoughts about the style of music thinking about:

*How is it different?

*Do you like it – explain.

*Are there any similarities?

*How does the music of the 1960s make you feel?

*What are your thoughts on the dances? How is this similar to today?

*How has the 1960's influenced our music and dancing today?