





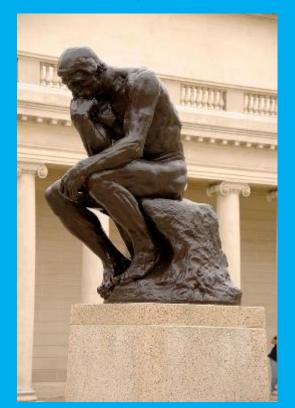


## GUESS THE ARTICLE

These pictures provide a clue to this week's article.

How do these pictures help you? Can you guess how they are linked together? Write down your thoughts or discuss with someone in your house.









## INTRODUCING... ARTICLE 14





#### Samiha introduces Article 14



Article 14 – Freedom of thought, belief and religion.

Every child has the right to think and believe what they choose and also to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights and responsibilities of parents to guide their child as they grow up.

Watch on YouTube



# WHAT NEEDS TO HAPPEN FOR YOU TO HAVE YOUR THOUGHTS AND BELIEFS RESPECTED?





Write them down and then compare your answers with the next slide.

## HOW MANY OF THESE DID YOU GET?

- You have opportunities to have your views listened to and valued
- Your food choices are respected
- People have the time and space to pray or reflect
- There is an opportunity to celebrate special times or festivals
- You have a variety of uniform options to reflect beliefs
- Everyone is encouraged to respect each other's viewpoints
- It is an inclusive environment where everyone feels welcome
- Can you think of any others?

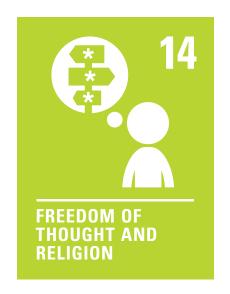




#### **ACTIVITY TIME**



All these activities are related to...



Thoughts and beliefs are usually really important to people. Write down some things you believe in strongly. Share these with your family or discuss them with your friends.

Food choices are really important to some people. Find out about the food rules of veganism or a specific religion. If you have the ingredients at home, why don't you have a go at making a dish with your family? Watch this video from the BBC and its humorous exploration of food and religion.



List as many religions as you can think of. Do you know what symbols are linked with these religions? Have a go at drawing them if you can.



You don't need to do every single activity but if you have time you can do more than one.

### REFLECTION



#### Try to spend a few minutes being quiet and still. Think about the beliefs that matter most to you...

- Why do you think a child should be allowed to choose their own beliefs? Why is it important that a child is supported by their family to make a decision about their faith and beliefs for themselves?
- Are there ways that you can respect and support students in your school that may have different beliefs to you? When you're back in school you might want to ask about their beliefs to find out more, you could even celebrate a special day with them.



