

# RSHE

## RELATIONSHIP (SEX) & HEALTH EDUCATION IN REDBRIDGE NEWSLETTER

DECEMBER 20

### DID YOU KNOW?

RSHE guidance and education is changing for schools

### HAVE YOU READ...

The various communication to families from Danielle Vorley explaining that these changes are coming?

Contact Danielle Vorley—RSHE advisor

### WHAT DOES THIS MEAN FOR YOUR CHILD?

In Redbridge we are working with different groups of representatives to consult on a syllabus and policy that teaches age appropriate, pupil sensitive, evidence based RSHE, that respects the law and all communities that call Redbridge home.

### WHERE CAN I FIND INFORMATION?

You can access the FAQ and Myth Buster documents via your school and can view the draft documents here <https://find.redbridge.gov.uk/kb5/redbridge/fsd/service.page?id=FNHLa0oKNT8>

### EARLY CONSULTATION

We have been working with various small groups in early consultation but we also want to hear from you!

### PARENT CONSULTATION

See the documents in Draft 2 (link above).

Consider your thoughts, feedback, questions and comments for the virtual meetings that are taking place in small groups of schools from January 2020.

Are you surprised by anything?

Have you read or seen information via other platforms that is different to that in the Redbridge syllabus?

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## WHAT IS RSHE IN SCHOOL?

It is our expectation that RSHE lessons provide a learning space to understand Personal, Social and Health skills, knowledge and understanding, to enable children to navigate the world in which they live throughout childhood but also into adulthood.

Topics within the RSHE curriculum include those that have typically been taught under the PSHE (Personal, Social, Health and Economic curriculum) such Families and people who care for me, Caring friendships, Respectful relationships, Online relationships, Safeguarding, Mental and Physical wellbeing, Internet safety and harms, Healthy Eating, Drugs, Tobacco and Alcohol, Health and Prevention, Basic first aid, Changes during puberty, The Law. It also includes elements of non- statutory education about human reproduction, intimate and sexual relationships and sexual health.

## WAVE 1 PARENT CONSULTATION

This will be taking place within the first 5 weeks of the next term. Dates for each school are on the formal letter sent from your school.

## WHAT DOES THIS MEAN?

We invite you to view the documents in draft form. We welcome your questions and feedback and comments. We will use the ideas, questions and feedback shared to guide the re-drafting. Where possible; general rationale and responses to these ideas will be shared whether they can be acted upon or not.

## WHAT NEXT?

Following Wave 1 Parent consultation led by the LA your school will invite you to Wave 2 Parent consultations, you will have an opportunity to view your school amended policy and some of the teaching resources that your school will use.

## DO YOU NEED LETTERS TRANSLATED?

Please speak to your school and ask for assistance from staff.

## DO YOU HAVE QUESTIONS FOR THE WORKING PARTY TO DISCUSS?

Please contact your school or contact Danielle directly

[Danielle.vorley@redbridge.gov.uk](mailto:Danielle.vorley@redbridge.gov.uk)

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