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Dear Parents and Carers,

Next week, from Monday 15<sup>th</sup> November to Friday 19<sup>th</sup> November, Parkhill Junior will be participating in Anti-bullying week. Kindness is more important today than it has ever been. In a world that can sometimes feel like it's filled with negativity, one kind word can provide a moment of hope. It can change someone's day. It can be a turning point. It can change the course of a conversation and break the cycle of bullying. This is one of the reasons, that **'One Kind Word'** has been chosen as the theme of Anti-Bullying.

On **Monday 15<sup>th</sup> November**, 'Odd Socks Day', will mark the start of Anti-Bullying Week. There is no pressure to wear the latest fashion or to buy expensive costumes; all your child has to do is **wear odd socks to school** - it couldn't be simpler! It will help raise awareness of bullying and it is a great way to celebrate something that makes us all unique!

On Monday at 11:00am, the whole school will be tuning into a live, interactive lesson by the BBC where they will be highlighting some of the issues around bullying and the support available.

We have also booked for the children to watch a fantastic theatre production, from the comfort of their own classrooms. The production is called 'Hope' and it explores the themes of bullying.

Throughout the week, the children will be engaging in various other activities such as a PSHE lesson all about anti-bullying; learning a song in singing assembly, which is all about kindness; Rights Respecting Ambassadors will be running an 'Act of Kindness challenge'; reflective drawing and much more!

Remember, one kind word leads to another. Kindness fuels kindness. So we are looking forward to celebrating Anti-bullying week, where together we can start chain reactions of kindness that power positivity.

Enjoy Learning,

Mrs Denise Hughes-Mulhall  
 Headteacher

