

Parkhill Junior School November 2025 Newsletter 3

**Article 29: Education must develop every child's personality, talents and abilities to the full.
HPL skill: Meta thinking through self-regulation.**

Dear Parents and Carers

As always, your support and cooperation this term are fully appreciated. It is a wonderfully long term with many themed days, weeks and months packed into it. It is only November and there is still much to do. With this in mind, please ensure that your child is in school every day, to enjoy each high performance learning opportunity on offer. In and outside the classroom! Equally, with your support, Safer Streets brought an immediate sense of calm and safety, to Parkhill Junior and Infant Schools. Wonderful! We now ask that parents and carers respect our school and residents, by not parking on the yellow zig zag lines or across residents' driveways.

Please read the important information and guidance below. It is intended to support you and your child throughout the year. Please pay particular attention to our uniform and communication policies.

**Enjoy Learning!
Mrs D. Hughes-Mulhall**

Headteacher

The Parkhill Vision

At Parkhill Junior School, we passionately believe in the potential of our children, regardless of their starting point. They are at the heart of everything we do.

Everybody in our culturally diverse community is valued, celebrated and encouraged, in a positive, safe, happy and caring environment.

Through our rigorous, systematic and holistic approach, we aim to empower every child to recognise that there are no restrictions on learning and anything is possible. We constantly explore new approaches to teaching and learning, in order to encourage them to become global citizens.

Our goal is to ensure that children learn how to learn and barriers to success are overcome. Our vision is to equip each child with advanced cognitive skills and the essential values, attitudes and attributes that they will need for lifelong success. Every child can be a high performance learner. We encourage everyone in the Parkhill community to make a positive contribution to our world class school.

Safeguarding

Safeguarding Lead	Mrs D. Hughes-Mulhall Headteacher
Safeguarding Deputy	Mrs N. Tanner Deputy Headteacher and SENCO
Safeguarding Officer	Ms N. Reeves School Business Lead
Safeguarding Officer	Mrs M. Ahsan Senior Leader and Phase Lead
Safeguarding Officer	Mrs N. Hossain Senior Leader and Assistant SENCo

If you have any concerns about a child's safety or wellbeing, please act on it. School is here to help and support. We all share the responsibility of safeguarding children.



Remembrance Day



Lest We Forget



Antibullying week

This very important week began with Odd Socks Day, and ended *spotty and dotty* with Children in Need! Important messages were shared and promoted through activities and assemblies. Our special spin was also added to the week...First Aid training. Anti bullying is about being kind and helping others in many ways.

This training is invaluable to all our young high performance learners.





Outdoor Learning Week

We simply love learning...it does not matter where that high performance learning takes place. National Outdoor Learning Week was amazing. Every week, we try to take our learning outside and it is exhilarating! We collaborate and problem solve while breathing in the fresh Clayhall air!



After School Clubs

Afterschool clubs continue weekly until Friday 5th December 2025. You **do not** need to re- register your child for a club in January 2026. Breakfast club runs every day, all year round and provides a delicious and healthy breakfast.

Birthdays and all other Celebrations

We all love birthdays and want to share the joy of this special day with friends, at school! Should you wish your child to give a gift to members of their class, **please ensure that it is not any type of food/sweets. All birthday food will not be distributed and will be returned to the parent/carer. We respectfully remind you not to distribute birthday food, in the playground.**



We have many children with severe nut allergies. Please ensure that any snacks and packed lunches do not contain nuts or nut products. (Always check the label)

Fruit Time

A mid morning energy boost for our learners. Please provide a piece of fresh fruit daily. No other food is permitted.



Attendance and Punctuality

We work hard to ensure that our young learners hold high, the value and importance of attendance and punctuality. Core values instilled at this stage of their education and life, remain with them as they grow into citizens of our world and of the future.

‘A day away from Parkhill, is a day lost.’

Miss education... and you miss out!

This half term's attendance champions are 3D and 5MA

‘A minute late for Parkhill, is a minute wasted!’



Every second counts!

This half term's punctuality champions are 3D, 4G, 4H and 6P

Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control. **Without this evidence, you risk being issued with a penalty notice.**

Appointments

Dental appointments, optician appointments and GP appointments must be booked, outside school hours. **Appointments booked during school time will be unauthorised.** Hospital appointments, with supporting evidence, are routinely authorised.

<https://parkhilljunior.com/wp-content/uploads/2025/09/attendance-policy-2025-2026.pdf>

School Uniform

We are very proud of our school uniform. Please adhere to our school uniform policy. It can be found by clicking on the link below.

<https://parkhilljunior.com/wp-content/uploads/2025/09/Parkhill-Junior-School-Uniform-Policy-2025-26.pdf>

Communication with our Learning Community

It is crucial that we have your up-to-date contact details i.e. mobile number and email address. All letters and messages are sent via email. You risk missing important information if School has not been given accurate details. **You can find our Communication Policy on our website. Please take a moment to read it.**

<https://parkhilljunior.com/wp-content/uploads/2025/09/Home-school-Communications-Policy.pdf>

Thinking of Employing a Private Tutor?

Please visit the website below for more information and guidance.

<https://www.redbridgescp.org.uk/parents-carers-and-the-public/private-tuition/>

Online Safety

On more than one occasion, it has come to our attention that, without their parents' knowledge, children are using chatrooms, social media and other forums to communicate. We cannot emphasise enough, the danger of this or any unsupervised online activity. We send you a monthly online safety newsletter to advise you about the risks and dangers that our children face. Please ensure that you know what your child is doing at all times, when they are online.

PLEASE GO TO OUR WEBSITE TO SEE THE SUPPORT MECHANISMS AVAILABLE TO YOU, FOR THE ONLINE SAFETY OF YOUR CHILD

Our Website – www.parkhilljunior.com

Important dates, information and so much more can be found on our website. Please pay regular visits. Updates are frequent and feature aspects of our school curriculum and daily school life.

CALENDAR OF LEARNING AND CELEBRATION

DATE	LEARNING and CELEBRATION
4th December 2025	Christmas Fayre.
5th December 2025	Santa Dash (the Parkhill mile) 
8th December 2025	Last Week of Clubs for the Autumn Term
9th December 2025	<u>Year 5 and 6</u> Family Crafternoon from 3:35pm (places must be reserved in advance)
9th December 2025	Parkill Christmas Lunch – wear a Christmas jumper or dress super shiny sparkly today...or both! (dress-up day)
10th December 2025	Christmas Performance to Parents and Carers of 5MA and 5S
11th December 2025	Christmas Performance to Parents and Carers of 5J and 5WA 
16th December 2025	<u>Year 3 and 4</u> Family Crafternoon from 3:35pm (places must be reserved in advance)
17th December 2025	Christmas Parties
22nd December 2025 to 2nd January 2026	Christmas Holiday
5th January 2026	Professionals Training Day 3 (school closed to children)
6th January 2026	Hurray! Children return to school today...and not a single day later!
19th January 2026	After school clubs resume this week
16th to 20th February 2026	Half Term Holiday
30th March 2026 to 10th April 2026	Easter Holiday
13th April 2026	Hurray! Children return to school today...and not a single day later!
4th May 2026	Bank holiday
7th May 2026	Local elections – school used as a polling station. (Closed to children)
25th May to 29th May 2026	Half term holiday
1st June 2026	Professionals Training Day 4 (school closed to children)
17th July 2026	Last day of term...and not a single day earlier!



Our October 2025 High Performance Learners

Well done to everyone!

3PN Aisha	Aisha was able to demonstrate analysing and realising when researching and creating a very informative fact file about 'The Woolly Mammoth'. She was able to challenge herself by including technical vocabulary and formal language.
3C Eva	Eva persevered and intellectual playfulness to create her own version of the story 'Stone Age Boy' making links with what she has learned about the Stone Age.
3RN Ibraheem	Ibraheem worked with precision in his maths lesson by solving the problem step by step and within the rules of the problem.
3D Zain	Zain has persevered with his maths and as a result has felt proud of his achievement in using the inverse operations to check his answers. For this, Zain used logical thinking to understand the relationship between addition and subtraction, meta-cognition to know why an inverse operation is used to find an answer with accuracy .
4W Kanishka	Kanishka takes pride in her work and always demonstrates neat presentation. In maths, she was able to identify her errors and self-correct, and she was able to use her linking skills to use the inverse operation when solving multiplication problems.
4G Romilda	Romilda has demonstrated self regulation by focusing very hard on a particular maths concept, addressing her errors and improving her practice within a session!
4A Hussain	Hussain used his linking skills to make a logical prediction about a science experiment we were doing in class, using his prior knowledge. Then he used what he learned from the experiment to write an analytical observation.
4H Inaayah	Inaayah used her meta-thinking and analysing skills to first collect information and then create a chart. The bar chart made it very easy to display this information to others.
5MA Ellie Mae	Ellie Mae wrote an excellent non-chronological report using her skills of hardworking through perseverance. She included powerful vocabulary to engage her reader. Well done!
5J Shreya	Shreya used her knowledge about the Spanish Armada, to create a motivational and aspirational speech to rally the English troops, as Queen Elizabeth I, to wage war against the Spanish! HPL skill of linking .
5S Deimantas	Deimantas demonstrated the HPL skill of hardworking . He wrote a wonderful speech from the perspective of Queen Elizabeth I, as she addressed her troops before battle.
5WA Izzah	Izzah has demonstrated meta-thinking in her recent English writing by adapting language to suit her audience and editing to improve before redrafting.
6I Deen	Deen demonstrated meta-thinking and strategic planning by selecting the most suitable printing method for his tile design on tote bag material. He also exhibited agility and risk-taking by confidently trying a new printing technique, treating it as an exciting learning opportunity.
6H Prisha and Jia	Prisha and Jia showed the agile skills of creative and enterprising to classify different leaves. They were open minded and demonstrated flexible thinking by observing the different characteristics of the leaves. They showed a willingness to innovate by inventing their own classification key.
6P Ishaaq	Ishaaq has shown great resilience during the Year 6 fractions unit. He has made links between each lesson, building on his prior learning and carefully considers an appropriate strategy based on the question at hand.
6S Jiya	Jiya exemplifies HPL autonomous learning through her hard work and commitment across the curriculum. Her dedication is evident in her daily reading planner, science homework, and newspaper article composition.

<https://parkhilljunior.com/hpl-high-performance-learning>



Year 3

This month has been filled with inspiring moments of progress and discovery. Our pupils are actively embracing every learning opportunity and demonstrating the qualities of high-performing learners. Their hard work and positive attitude are shining through, and we look forward to seeing their continued growth.

First Aid Training

Our learners took part in an exciting and educational first-aid session, where they were introduced to key life-saving techniques. The children practised how to respond safely and calmly in situations such as severe bleeding or breathing difficulties. They approached the training with great enthusiasm and responsibility, and many expressed how confident and capable it made them feel.

"During the first-aid training, we learned how to stop bleeding and help someone who might be struggling to breathe."

"I really enjoyed this because it made me feel like a super hero when saving someone's life!" – Keshan 3PN



Mask Making

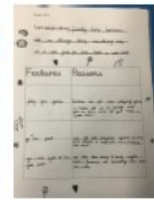
The children explored colour, pattern, and creativity while designing their own unique masks. They experimented with different paint combinations, showed great concentration and imagination, and expressed their individuality through bold and vibrant artwork. Each mask turned out brilliantly, reflecting both effort and precision.

"It was fun because we could use any colour and a little bit hard to design because colours were getting mixed up. We used our hardworking skill and creative skills to create a mask that looks cool!" – Ahmed and Aaron 3RN

R.E.

This term, our topic is "Why do religious people celebrate?" The children have been learning to reflect on what is worth celebrating in their own lives. They have been identifying important personal celebrations, explaining why these moments matter, and thinking about what is meaningful for a community to remember and celebrate.

"The sorts of things we considered celebrating was health, having time together as a family and celebrating being a child. We used our critical thinking skills to explain why these are important to us." – Nazdar and Sana 3D



Out of Classroom Day

For *Outdoor Learning Day*, the children took part in an active maths challenge. We called out calculations, and they had to run to the correct answer before completing fun exercises like burpees and star jumps. They also made their own rain gauges to measure rainfall. It was a fun and energetic day of learning outside the classroom.

"I enjoyed doing maths outside because it was different from being in the classroom. Then, we made a rain gauge using a plastic bottle. I learned how we can measure rainfall and record it every day." –

Maha 3C



Enjoy learning and growing together
Ms Castell, Mrs Nangia, Mrs Nayak, and Ms Dissanayake



Year 4



From exciting science experiments, to pledging kindness in support of Anti-Bullying Week and plenty of outdoor learning, Year 4 has been thriving. They continue to embrace their high performance learning skills, with enthusiasm and curiosity. Read on to discover the highlights from this month!

English

We have begun reading our class text, 'The Firework Maker's Daughter'. So far, the class have written a job application as Lila to become a firework maker, using formal language and persuasive devices. Currently, the children are discussing and writing a balanced argument. They formed a conscience alley and debated Lila's dilemma in the story.

"We are writing a text debating the issue as to whether Lila should go and pursue her dreams or stay with her father."

Lilianna, 4A



Anti-bullying Week

To introduce Anti-bullying week, the children were invited to wear odd socks as a way of demonstrating their understanding of being different. The children created an anti-bullying song and for PSHE, they watched a live BBC lesson then created a kindness pledge badge.

"We created our own badges showing how to be kind and respectful"



Maths

The children have been working hard on their multiplication tables since the beginning of this half-term. They have explored the inverse relationship between multiplication and division, factors and multiples, and have been solving reasoning and word problems. This photo shows our Outdoor Learning Day maths activity.

"It was so much fun to do maths outside. It was really hard when the teacher started to give us timetables in French"

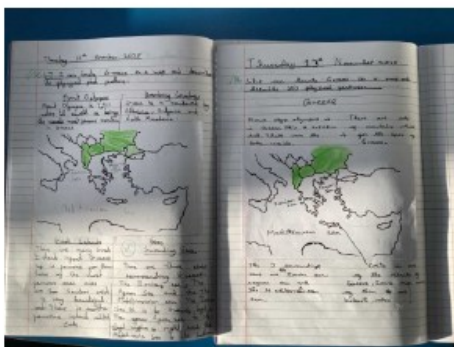
Ahmed, 4H



Geography

Greece is our destination! In geography, the children are learning all about modern day Greece. So far, they have completed map work, identifying bordering countries and seas and discovered that Europe has three types of climate. Our comprehension texts have reinforced learning in this subject area.

"Greece is at the bottom of Europe and has a Mediterranean climate. We also learnt about temperate and tundra climates."



Reminders

- *Remember to bring in your PE kits every Monday, and take them home on Friday.
- *Homework is uploaded every Friday on Google Classroom and it must be completed by Wednesday.
- *All children will need to purchase a recorder in order to take part in their music lessons.

Ms Gay, Mr Hansen, Mrs Wright and Ms Andaya.



Year 5

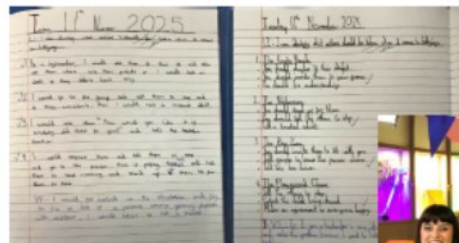


Year 5 prepares to dazzle you with our upcoming Christmas production! From rehearsals filled with laughter, to festive tunes that will warm your heart, we can't wait to share the magic of the season with you! Stay tuned for more details and get ready for a show full of joy, cheer and Christmas spirit!

Anti-Bullying Week

During Anti-Bullying Week, the children focused on how to treat each other with kindness and respect, even when they disagree. They learned that it is okay to have different opinions, as long as we communicate thoughtfully and listen to one another.

'I enjoyed watching the live lesson about Anti-Bullying Week because it encourages bullying to stop and it teaches children- no matter who you are, we are all the same.' Aydin 5MA



First Aid Training

Children took part in first aid training which covered vital skills such as treating burns and managing breathing emergencies. They also learnt to recognise the use of an EpiPen. This training empowers our children to respond confidently in emergency situations.

'I enjoyed learning CPR and how to help someone when they are bleeding.'
Oviyaah 5WA

Outdoor Learning Day

For Outdoor Learning Day, Year 5 took their learning beyond the classroom with lots of exciting activities. In the morning, the children tackled a fun maths challenge, working together to find the factors and multiples of various numbers. Pupils thoroughly enjoyed this and used HPL skills such as hardworking and realising to complete the challenges set.

"During outdoor learning, I really enjoyed running to the cones to answer the question. It was challenging having to work things out quickly but lots of fun" Aisha 5S



School trip to Debden Park

Year 5 visited Debden Park in Epping Forest where their learning on rivers came alive.

The children thoroughly enjoyed working collaboratively to investigate how rivers change with distance downstream. They used HPL skills such as hardworking, linking and analysing to complete the activities organised.

"I feel skilled now to know how to measure the depth of a river and the speed of the flow of the water" – Saafa 5J

Reminders

P.E– Please ensure your child has the correct PE kit with them on their allocated days and that their drawstring bags are labelled with their name.

Reading Records – please ensure that your child uses their reading record each day to reflect on their reading.

Homework – weekly homework tasks are uploaded to Google Classroom. These must be completed and 'turned in' so your child's class teacher can see.

Keep up the fantastic work. Enjoy Learning!
Mrs Alveranga, Mrs Ahsan, Ms Jarvis and Ms Suppiah



Year 6



It has been wonderful to see the children continue to 'Enjoy Learning and Grow Together' as their journey through Year 6 goes on. Following on from history last half-term, the children have continued to develop their knowledge and understanding of World War II through their lessons, a trip to the Imperial War Museum and computing lessons about Bletchley Park and Alan Turing.

Science

As part of our science unit on the circulatory system, we have been getting involved in a range of lessons to build our knowledge of the heart and blood. We participated in a practical lesson to understand how exercise effects bodies and heartrates! Each lesson has encouraged us to use and improve our High Performance Learning skills.

"We learnt that doing exercise increased our heart rate, the harder the exercise, the more out of breath I became. After completing the Parkhill mile, my legs ached! It also related to our PE lessons, this means we used out HPL skill of linking" - Aathavi 6P.



Art

Over the last few weeks, we've been designing and printing our own World War II inspired tote bag. We've been developing the High Performance Learning skills of hard- work and creativity, using a range of techniques to create a template for printing and layering different colours. We'll soon be moving on to sewing our tote bags, which we're all convinced will be the height of fashion at Parkhill Junior!

"I used my creating and hard-working skills to successfully print onto my material by thinking flexibly and being resilient. I also showed empathy by helping and supporting others." Sahib 6I

Maths

In maths, we took advantage of 'Outdoor Learning Day' The children uniquely mastered fractions through collaboration and physical fitness. They worked as a team to solve fraction word problems and raced to find the corresponding answers on cones, where they performed physical activities like star jumps or squats.

"We had so much fun- we had to explain out answer to the class and then we could run to where the corresponding fraction was and complete an exercise." Krish 6S



Visit to the IWM

The Year 6 children have visited the Imperial War Museum and thoroughly enjoyed the interactive activity to locate artefacts in the museum. They used their linking skills to apply their knowledge from lessons in school to the information and objects in the galleries.

"I enjoyed the trip because it was a different way of learning as we got to see what a 1940s house would have been like. We used our linking skills by learning more about WW2 from WW1." Prisha 6H



Keep up the fantastic work. Enjoy Learning!
Mrs Hansen, Ms Ibrahim, Mrs Simms and Miss Pover



Spare room feeling a little empty?

Do you miss conversations after school around the dinner table? Miss helping with homework and seeing that lightbulb moment when they understand something they have been struggling with? And although you repeated yourself hundreds of times to tidy things away, are you now, ever so slightly, missing the mess?

Bring conversation, laughter and love into your life and provide a safe, stable and nurturing environment for our most vulnerable babies, children and young people that they can call home.

If you are considering fostering and would like to know more, please visit our website on <https://www.redbridge.gov.uk/fosteringschools> or call 020 8708 6068.



Spare room feeling empty?

Foster for Redbridge Council

020 8708 6068

www.redbridge.gov.uk/fostering

